



MASTERCLASS (6.0 Continuing Education Hours from NBCC and ASWB) Advanced Application of the Family Systems Trauma Model

Even after completing the FST Advanced Training Course, becoming FST Certified, or reading the Treating the Traumatized Child book, you can still have questions on the timing and application of the FST Model. Or “what will I do if?” case scenarios when your child or family throws you unexpected curveballs with special treatment challenges (i.e., difficult divorces, anxiety disorders, self-harm, aggression).

When these FST application questions go unanswered, you can become hopelessly stuck with your trauma cases.

When you attend this masterclass, Dr. Sells will personally answer these types of questions through discussion and small breakout activities.

BREAKOUT ACTIVITIES

Each group agrees upon an FST Model question or case application challenge for further exploration. Using an inner/outer circle format, groups present their question or challenge in the inner circle. Dr. Sell facilitates potential concrete solutions.

The FST community forms an outer circle. They will add to the discussion and suggest additional problem-solving ideas. This activity allows breakout groups to get the benefit of both Dr. Sells and the FST community in a powerful one-two combination of brain power and group input as we have fun and help one another better master the FST Model with real life challenges.

SCHEDULE FOR SATURDAY, SEPTEMBER 25, 2021

8:30am - 9:00am	Check In and Registration
9:00am - 9:30am	What are the Goals and Objectives of Advanced Q & A of FST
9:30am - 10:00am	Breakout into small groups of 6 (5 groups) – Come up with single question or “what will you do if? special treatment curveball you want answered regarding the application or the FST Model?
10:00am – 12:00pm 10 – 11 11 - 12	Breakout Groups Group 1 Group 2
12:00pm - 1:00pm	Lunch on Own
1:00pm - 4:00pm 1 - 2 2 - 3 3 - 4	Breakout Groups Group 3 Group 4 Group 5

MASTERCLASS LEARNING OBJECTIVES

- How to enhance your senses on the key undercurrents that keep a traumatized child, couple, or family stuck through using the FST model.
- Master enhanced application of the FST Model through role plays that illustrate the application of key techniques including delivery timing and sequencing.
- Develop clarity on timing and delivery 12 core FST techniques thus eliminating or reducing problems self-harm, anxiety, depression, violence, suicidal ideation, substance abuse, and extreme disrespect.