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## Agenda

### Stopping Extreme Disrespect: Family Trauma Solutions

Date: Thursday, May 6<sup>th</sup>, 2021

Time: 9:00 am to 12:00 pm EDT

*3.0 CE Credit Hours - CE credit from ASWB and NBCC included*

9:00 am – 10:00 am  
(1.0 hr.)

#### **What Causes Extreme Disrespect in Kids that is Fueled by Family Trauma?**

- ▶ An Upside Down Hierarchy and Imbalance of Love and Limits
- ▶ Parent Abuse or Teen Terrorism and How Kids Use it to Their Advantage?
- ▶ Interactional Trauma that Fans the Flames of Disrespect and Unhealed Wounds
- ▶ What the Parent's Do to Cause and Maintain Extreme Disrespect?
- ▶ How Disrespect Can Damage or Destroy Parent-Child Attachment



**Video Example: Button Pushing and Button Busters**



**Video Example: Interactional Trauma Between Parent and Child**

10:00 am – 12:00 pm  
(2.0 hrs.)

#### **Tools to Quickly Diagnosis and Treat Extreme Disrespect in Kids and Parents**

- **Step 1:** *FST Motivational Technique:* How to Get Your Burnt Out, Angry, and Bitter Parents to Show-up and Cooperate to Stop the Disrespect



**Video Demonstration:** "Resurrecting Angry and Burnt Out Parents"

- **Step 2:** *FST Seed/Tree Technique:* Locate the Root Causes of the Child's Disrespect

- **Step 3:** *FST Playbook Technique:* Using Contracts and Button Busters



**Video Demonstration:** "An Absent Father, a Belt Buckle, and a Contract"

- **Step 4:** *FST Dress Rehearsals:* How to Change the Disrespect Dance



**Video Demonstration:** "It's Not What You Say, It's How You... "

**A Time for In-Depth Q & A (Question & Answer) with Dr. Sells**

## Learning Objectives

You will learn how to:

1. Evaluate how extreme disrespect is caused by an imbalance of love or limits, an upside-down hierarchy, and family trauma using the FST | Family Systems Trauma Model.
2. Locate “undercurrents” or the hidden causes of a child or adolescent’s extreme disrespect to know where to tap and quickly intervene at a root level.
3. Integrate a 7-question FST motivational technique to motivate even your toughest parents to show up and see disrespect as a family problem to solve and not just a “fix my kid” problem.
4. Utilize step-by-step FST tools, scripts, and handouts to quickly heal the extreme disrespect in the child but also the fallout of trauma within the entire family.
5. See and treat extreme disrespect from a family systems lens through actual video case studies. The videos will be paused at strategic points in the session so that that you can be part of the story, ask questions, and replicate the tools with your cases.